

BIBLIOGRAFICAL IDENTIFICATION

- Title of thesis:** **THE PRINCIPLES OF MODELLED TRAINING IN TENNIS GAME**
- The goal of thesis:** The main goal of this diploma's thesis is to verify the occurrence of most common models of stress in competitive situation and answer a scientific question – „Can a stress environment, which is already simulated in training, improve stress environment in tennis match? To fulfil the main goal a following hypothesis was set up – **H: During training preparation tennis coaches are more engaged in modelling of technical aspect of game situation than a modelling of psychosocial stress of tennis game.**
- Method:** This diploma's thesis as a main method of research uses the statistic explorative method of research whose main component is questionning on the anonymus way (29 questions) among coaches. Nonstandard questionnaire was set up on the base of expert leading of Professor PhDr. Václav Hošek, DrSc., literature retrieval, tutions with an specialist in area of tennis PhDr. Jiří Šlédr and natural experiences of author.
- Results:** Set up hypothesis was verified – During training preparation tennis coaches are more engaged in modelling of technical aspect of game situation of specific situation than a modelling of psychosocial stress of tennis game.
- Keywords:** Modelled training, Stress, Oppress, Psychics, Tactics, Technics, Research, Frequency, Psychosocial